Heart health bubble waffle (ASPAC)



Key benefits

- Reduce blood cholesterol for a healthy heart
- Maintenance of blood cholesterol
- Source of fibre

Formulation

INGREDIENTS (% w/w)	**Test recipe**
Skimmed milk	50
Wheat flour	20
Egg white	12
Starch	6
Orafti®β-Fit	4
Sugar	4
Minor ingredients (e.g. vegetable fat, vinegar, flavour, baking powder, salt)	q.s.

When developing a final product, the food legislation and product standards for each country under consideration must be taken into account. Formulation and application proposals are recommendations serving only as basic information. All parameters have to be tailored to the individual conditions and equipment. No freedom from patent is implied.

Process

- Add vinegar in skimmed milk and let it rest.
- Blend the dry ingredients.
- Mix the liquid ingredients.
- Mix everything together until homogenous.
- Pour the batter onto a hot bubble waffle maker and bake it.

For more detailed information about the recipe or process, please contact your BENEO representative or send an e-mail to contact@beneo.com

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